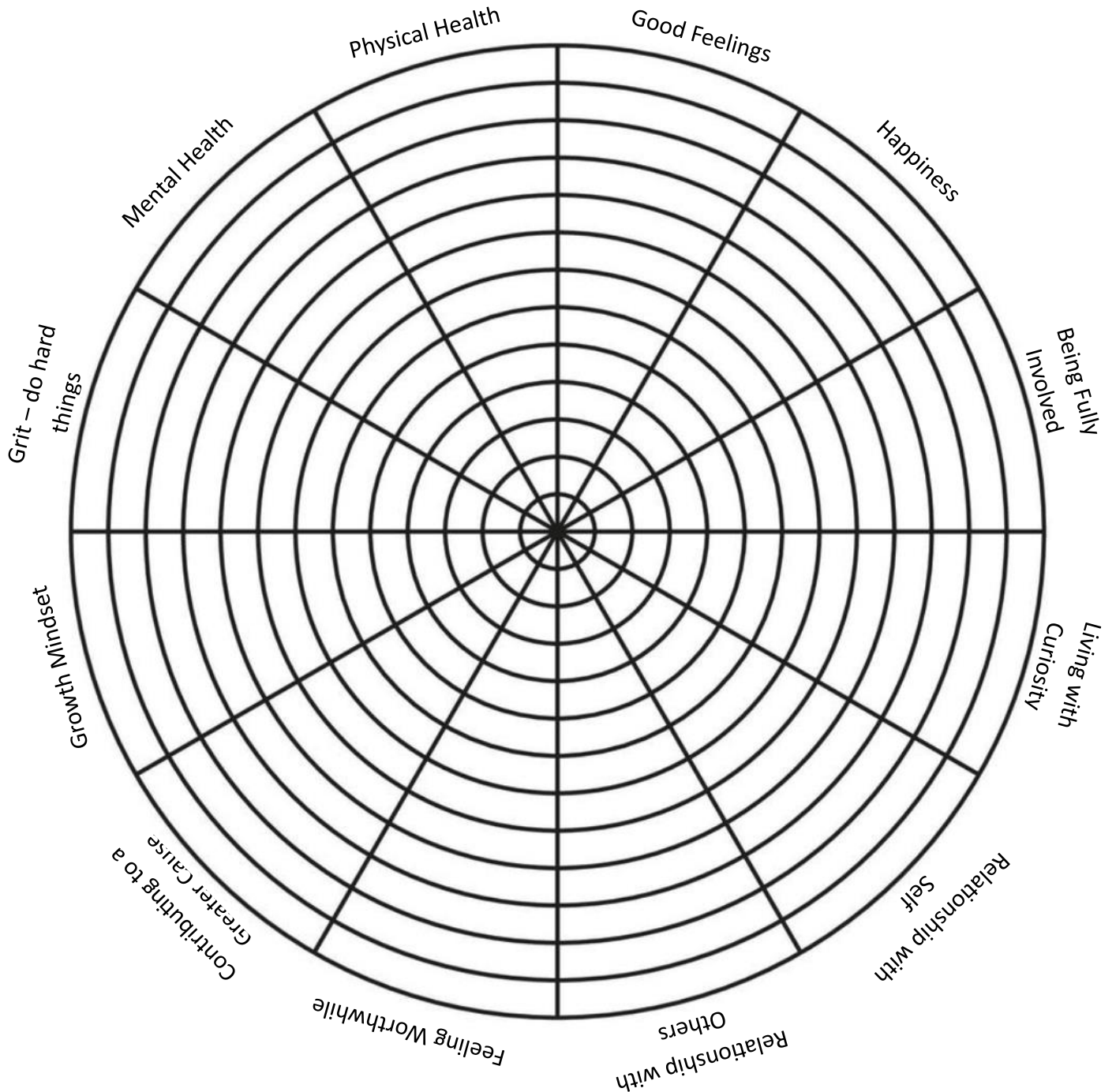


The Wheel of Life

For each of the twelve areas of your life, rate your current level of experience by scoring it 0-12 (0= the lowest level of satisfaction and 12 = the highest level of satisfaction). When you've rated each area, shade the inside of the circle for each section creating a wheel. **How bumpy is the ride?**



Personal Reflection: