# DARTA

Drug and Alcohol Research & Training Australia

### PARENT SESSION



### Paul Dillon – Drug and Alcohol Research Training Australia (DARTA)

Paul Dillon has been working in the area of drug education for almost 30 years. Through his own business, Drug and Alcohol Research and Training Australia (DARTA) he has been contracted by many organisations to provide updates on current drug trends, as well as advice on alcohol and other drug issues. He continues to work with many school communities across the country to ensure they have access to quality information and best practice drug education.

Local Year 10 & 11 students will participate in student sessions at St Joseph's High School Aberdeen, Monday 11 November 2024, thanks to the generosity of the <u>Scone Bucking Bulls</u> <u>Association</u>.

### Teens, parties, alcohol and vapes: What do parents need to know?

During adolescence, teens develop a biological need to be around friends and it is important to provide them with opportunities to socialise with their peers. This presentation will examine the use of alcohol and other drugs, with simple strategies provided to help ensure teens are able to interact with friends and, at the same time, reduce the risk of underage drinking and the potential dangers associated with such behaviour.

In addition, up-to-date information will be provided on vaping, particularly in relation to young people. It aims to empower parents with a positive message and assist them in having open and honest family discussions in this complex area.

#### Online Parent Session Tuesday 12 November 7-8pm

For Access to the Zoom meeting click <u>here</u> or use the QR code to join this session. Use the Meeting ID and Passcode for access. **Passcode: 011179 | Webinar ID: 834 8512 3140** 









# DARTA

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### **TEACHER SESSION**



### Paul Dillon - Drug and Alcohol Research Training Australia (DARTA)

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## School-based young people and alcohol and other drugs: Hot topics 2024

Using the most current data, this presentation will provide information on young people and their use of alcohol and other drugs. A number of 'hot topics' such as vaping, the use of social media apps to purchase drugs and the resurgence of psychedelics will also be discussed.

Finally, the school's role in providing age-appropriate drug education and the important part teachers play in building resilient young people will be examined.

#### Online Teacher Session Tuesday 12 November 4.30-5.30pm

For access to the Zoom meeting click <u>here</u> <u>o</u>r use the QR code to join this session Use the Meeting Passcode and ID for access. **Passcode: 240333 | Meeting ID: 819 6237 0217** 







